

AUGUST/SEPTEMBER 2017

PHOENIX, SITTING BULL, AND VANGUARD 6-8 UPPER GRADE LUNCH MENU

(Grade 5 use Elementary lunch menu)

When choosing your meal you must select at least 3 "food groups", including ½ cup fruit and/or vegetable

Lunch price \$2.25

Entrée choices available while they last

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>BACON CHEESEBURGER</p> <p>SPICY OR REGULAR CHICKEN SANDIWCH</p> <p><u>DAILY SPECIAL:</u> REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>BABY CARROTS W/RANCH CUP SIDE SALAD PEAS POTATO GEMS OR SWEET POTATO FRIES</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT APPLESAUCE RAISINS</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTREE: MAY CHOOSE ONE</u></p> <p>FRENCH BREAD PEPPERONI PIZZA</p> <p>REGULAR OR SPICY CHICKEN SANDWICH</p> <p>HAM OR TURKEY & CHEESE SUB</p> <p><u>DAILY SPECIAL:</u> REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>CELERY STICKS W/PB CUP SIDE SALAD BEANS (COWBOY, BAKED OR FIESTA)</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT CUPPED PEARS(CINNAMON OR REGULAR) CAPRI SUN JUICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>CHEF SALAD</p> <p>SPICY OR REGULAR CHICKEN SANDIWCH</p> <p>CHEESEBURGER MINIS</p> <p><u>DAILY SPECIAL:</u> REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>FRESH BROCCOLI W/ RANCH OR STEAMED BROCCOLI W/CHEESE SAUCE SIDE SALAD</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT FRUIT COCKTAIL AMAZIN' RAISINS</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>FRENCH BREAD PEPPERONI PIZZA</p> <p>REGULAR OR SPICY CHICKEN SANDIWCH</p> <p>CHEESEBURGER</p> <p><u>DAILY SPECIAL:</u> REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>EDAMAME OR SUGAR SNAP PEAS W/ RANCH CUP SIDE SALAD CORN OR GREEN BEANS</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT CUPPED PEACHES CAPRI SUN JUICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>CHILI CHEESE NACHOS</p> <p>SPICY OR REGULAR CHICKEN SANDWICH</p> <p>FRIDAY SPECIAL- PIZZA HUT SLICE</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>CUCUMBER SLICES WITH RANCH SIDE SALAD SALSA</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT MANDARIN ORANGE OR PINEAPPLE CUP RAISINS FRUIT ICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>

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****Vegetarian options available and may include: PB&J Jamwich, Bean & Cheese Burrito, Toasted Cheese Sandwich, Cheese Quesadilla, Vegetarian Salad, Cheese Stuffed Breadsticks, Cheese Pizza, Cheesy Nachos and Vegetable Wrap**