

APRIL/MAY 2017

PHOENIX, SITTING BULL, AND VANGUARD 6-8 UPPER GRADE LUNCH MENU

(Grade 5 use Elementary lunch menu)

When choosing your meal you must select at least 3 "food groups", including ½ cup fruit and/or vegetable

Lunch price \$2.25

Entrée choices available while they last

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>REG OR SPICY CHICKEN SANDWICH BACOND CHEESEBURGER TUNA SANDWICH</p> <p>DAILY SPECIAL; REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>CELERY STICKS W/PEANUT BUTTER GREEN SALAD SWEET POTATO FRIES OR BAKED FRENCH FRIES</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT APPLESAUCE CUP RAISINS</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTREE: MAY CHOOSE ONE</u></p> <p>REG OR SPICY CHICKEN SANDWICH FRENCH BREAD PEPPERONI PIZZA TURKEY & CHEESE SUB HAM & CHEESE SUB</p> <p>DAILY SPECIAL; REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>BABY CARROTS W/RANCH CUP GREEN SALAD COWBOY BEANS</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT CUPPED REGULAR OR CINNAMON PEARS</p> <p>CAPRI SUN JUICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>REG OR SPICY CHICKEN SANDWICH CHEESEBURGER MINIS CHEF SALAD</p> <p>DAILY SPECIAL; REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>FRESH BROCCOLI W/RANCH OR STEAMED BROCCOLI W/CHEESE CUP GREEN SALAD CORN</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT MIXED FRUIT CUP AMAZIN' RAISINS</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>REG OR SPICY CHICKEN SANDWICH GARLIC CHEESEY BREAD CHEESEBURGER</p> <p>DAILY SPECIAL; REFER TO ELEMENTARY MENU</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>EDAMAME W/RANCH GREEN SALAD GREEN BEANS</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT CUPPED PEACHES CAPRI SUN JUICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>	<p><u>ENTRÉE: MAY CHOOSE ONE</u></p> <p>FRIDAY SPECIAL- PIZZA HUT SLICE REG OR SPICY CHICKEN SANDWICH CHILI CHEESE NACHOS</p> <p><u>VEGGIES: MAY CHOOSE TWO</u></p> <p>CUCUMBER SLICES W/RANCH GREEN SALAD SALSA</p> <p><u>FRUIT: MAY CHOOSE TWO</u></p> <p>ASSORTED FRUIT FROZEN PEACH CUP RAISINS FRUIT ICE</p> <p><u>MILK: MAY CHOOSE ONE</u></p> <p>1% WHITE OR NF CHOCOLATE</p>

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****Vegetarian options available and may include: PB&J Jamwich, Bean & Cheese Burrito, Toasted Cheese Sandwich, Cheese Quesadilla, Vegetarian Salad, Cheese Stuffed Breadsticks, Cheese Pizza, Cheesy Nachos and Vegetable Wrap**